

Rules & Policies during Covid-19 Restricted Opening

The Fairwinds Wellness Club (the “Club”) will be re-opening at a reduced capacity to those Members of the Club (the "Member") that wish to use the Fairwinds Wellness Club Facilities (the “Facilities”) on the condition that the Member acknowledges and agrees to the following terms.

Like everything right now, your visit to the Fairwinds Wellness Club will be different than it was prior to closing. To reopen the Club, we are required by the Vancouver Island Health Authority to make changes in how we operate to keep Members and Staff safe. We ask that Members are patient and understanding during these times & procedures will likely change as time goes on.

Risk:

- 1) The Member acknowledges that the risk associated with attending or using the Club is contracting COVID-19.
- 2) The Member Accepts the risk of contracting COVID-19 by choosing to attend or use the Club or any of the associated facilities.
- 3) The Member, hereby waives and releases the Club and its affiliates from all claims that the Member has or may have in the future for any loss or damage the Member may suffer due to contracting COVID-19, including sickness or death, as a result of attending or using the Club.
- 4) Members must read and adhere to all policies and procedures and recognize that use of the facility will be different, and services will be restricted. Expect adjustments as the situation changes.

General:

- 5) The Member shall be required to strictly abide by all policies of the Club concerning the control of COVID-19, including without limitation policies on social distancing.
- 6) The Member will not attend or use the Club if they are experiencing any symptoms of COVID-19, or if they have been in immediate contact with anyone who is experiencing any symptoms of COVID-19 or if they are otherwise under an obligation to self-isolate or remain under quarantine.
- 7) Members are asked to enter the building through the front door and exit using the back door to avoid congestion at the doors
- 8) To check in, please stand behind the marker on the floor to maintain 6 feet
- 9) Due to health reasons, the towel service will not be available until further notice. Please bring your own sweat towel too.
- 10) Please respect social distancing with other members and maintain a minimum of 6 feet between you and other members
- 11) At this time, Guests are permitted but there are restrictions in place
- 12) You will be health screened by the Staff each time you enter the facility
- 13) Members will adhere to social distancing policies while in change rooms and other common areas
- 14) The reading room, kitchen and billiards rooms are open with occupancy restrictions
 - Members must disinfect their hand before entering the kitchen
 - Social distancing has to be respected
- 15) Recognizing that this is a challenging time for everyone, Members will be respectful, considerate, and patient with Members & staff
- 16) Staff have the right to correct and remind members of distancing if they see something that concerns them

- 17) Areas of the Club will be closed periodically throughout the day to allow staff to disinfect. No members will be in those areas during this time
- 18) Fairwinds Wellness Club reserves the right to suspend memberships if a Member's behaviour is rude, disrespectful, or confrontational towards other Members or Staff.

Time Slots:

The Club will be opened in time slots to allow members to use the facility, which will help in maintaining social distancing requirements.

- 19) Members will need to book a "time slot" to use the Club I.E. book a space in the weight room or book a spot in the pool area. Currently the weight rooms are for 1.5 hours and the pool area is for 45 minutes or 1 hour. This will be done online through the website.
- 20) Members will adhere to the time slots they have booked so that other members can enjoy the facility as well. Members can arrive 15 minutes prior to their booking and can stay until 15 minutes after their booking time ends.
- 21) When booking the time slot for the pool, the time includes the usage of the hot tub, sauna and pool. Once your 45 minutes or hour is up, you must exit the pool area to allow for the next group to arrive.
- 22) Member acknowledges that the time slot and space can not be changed once they have arrived unless approved by the staff
- 23) Members can only book one time slot at a time. No back to back bookings. Members will be able to book up to 7 days out.
- 24) Fairwinds reserves the right to adjust time slots, the use of the time slots, make changes to the rules and policies when needed to accommodate the on-going changing environment

Racquet sports

- 25) Indoor pickleball or badminton is not permitted
- 26) Tennis and pickleball can be played outside in singles only, unless doubles live in the same household
- 27) Players must supply their own paddles, racquets and balls – Fairwinds Wellness Club will not be handing these out for now
- 28) Preferably each person should have their own ball to use when serving
- 29) Wash or disinfect your hands before and after playing

Pool Use:

- 30) There will only be 4 people allowed in the pool area at one time during regular time slots
 - Only 2 people in the hot tub at one time. 15-minute time limit
 - Only 2 people in the sauna at one time. 15 minutes time limit

Changerooms:

These rooms are not large and we are asking for Member's cooperation when using these rooms. It's recommended that Members come dressed for their swim out and leave right after to avoid congestion.

- 31) We must limit the use of changerrooms and lockers, therefore they will be available to **pool users only**.
 - Other facility users can use the shelves in the hallway or the hooks in the main weight room & use the washrooms across the hall from the weight room

- 32) Main changerooms are limited to 3 people at a time. The Family changeroom is limited to 2 people (shower room and room with the sink). This room will be used when the main rooms have reached their capacity
 - o While in the change rooms, be aware that people may be waiting to use the room therefore be respectful and courteous while in the changeroom and be aware of the amount of time you are in there.
- 33) Members are encouraged to use the pool deck showers for rinsing afterwards to avoid a line-up at the changerooms. It's recommended to go home to properly shower to avoid delay
- 34) Lockers will be spaced to allow for distancing, therefore locker requests will be limited

Weight Room Use:

- 35) Members will be required to wipe down equipment **before and after** use of equipment using the disinfectant cleaner provided and paper towels
- 36) Weight room users are unable to use the changerooms and lockers. Please come dressed to work out
- 37) Members will adhere to social distancing policies while in the weight rooms
 - o Only 2 members in the small weight room at one time
 - o Only 5 members in the large weight room at one time
 - o Only 4 members in the Neil Scott Room at one time
- 38) Certain pieces of equipment will be not be used to maintain social distancing
 - o 20 minutes per piece of equipment to allow others to use them
- 39) The Neil Scott Room is recommended for stretching to avoid congestion in the weight rooms. (no free weights permitted)
- 40) Equipment can not be shared or used simultaneously (IE working in sets)
- 41) Water fountain is closed for drinking from, but the water bottle filler can be used

Classes:

- 42) People attending classes in the Gym will adhere to social distancing requirements during classes
- 43) Class attendees are unable to the changerooms and lockers. Please come dressed to work out. (with the exception of aquacise)
- 44) Members will be required to wipe down equipment **before and after** use of equipment using the disinfectant cleaner provided and paper towels

THE MEMBER HAS READ THIS AGREEMENT AND ACKNOWLEDGES THAT THEY FULLY UNDERSTAND ALL CONTENTS. THE MEMBER AGREES TO BE BOUND BY ITS TERMS

ACKNOWLEDGED AND AGREED TO:

Signature of Member: _____

Name of Member: _____